



## Vista Blue Spa in Monterey: Newly Renovated

*Soak in the sights from the rooftop sundeck while awaiting your next relaxing service.*

By [Alysia Gray Painter](#)



**THAT SERENE SETTING:** When seeking out a spa treatment, whether it is a traditional massage, a moisture-laden facial, or just about anything that makes our feet feel as though they haven't been clomping around for a zillion years straight, we look at the spa menu, yes, but there are other considerations. One major point we take in, while doing this muscle-unknotting research, is this: How serene is the hangout spot at

the spa, the one with the loungers and whirlpool tubs? Will I be able to hydrate there, and close my eyes for a spell, all while soaking in the quiet-atude and/or splendor? These are good questions, because such a lounge area can truly make a great experience even more sublime. If the notion of enjoying some time on a water-close rooftop at the [Monterey Plaza Hotel & Spa](#) appeals, then give the [Vista Blue Spa](#) a glance or three, for it has been...

**NEWLY RENOVATED:** This includes a refresh for "seven soothing treatment rooms" as well as the sun deck, the go-to chill-down-further destination that's home to two whirlpool tubs "perched directly above the Bay" and a small fireplace for those foggy Monterey days, too. But if sauna and steam rooms are your preference, those are part of Vista Blue Spa, so head down and heat up. But what will your treatments be? Peruse [the whole, say-ahhh roster](#) and decide, during your peninsula sojourn, if you're feeling like a Warm Stone Massage, a Bliss on the Bay body treatment, or, perhaps, a Forest Air Bathing Ritual. For more info, including stay-over rates and such at the started-in-'85 hotel, visit the Monterey Plaza Hotel site.